



## Communication and Language

- Encourage your child to talk imaginatively about their day  
<https://www.bbc.co.uk/tiny-happy-people/articles/zhynscw>
- Play a classic game of 'I Spy...' <https://www.bbc.co.uk/tiny-happy-people/articles/z6s26v4>
- Learn and/or practise some Makaton signs. We use these with all children to support early language and communication at nursery  
<https://www.youtube.com/watch?v=fIXsU4V0zz8>

## Physical Development

- Practise some yoga moves  
<https://www.youtube.com/@CosmicKidsYoga>
- Develop hand and finger strength (scissor skills)  
<https://childrenandfamilyhealthdevon.nhs.uk/resources/scissor-skills-pre-scissor-activities-and-types-of-scissors/#:~:text=Thumb%20index%20top%20loop%2C%20index%20for%20drawing%20and%20writing.>



## Personal, Social and Emotional Development

- Use The Colour Monster to talk about feelings at home – just like we do at nursery  
<https://www.bbc.co.uk/iplasode/m001hz6n/cbeebies-bedtime-stories-ae-amy-dowden-the-colour-monster>
- Help to regulate those big feelings and emotions  
<https://www.bbc.co.uk/tiny-happy-people/articles/zhjbcqt>



## Mathematics

- Count and sing along with Numberblocks  
<https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks>
- Subitise objects in the environment
- <https://www.bbc.co.uk/bitesize/topics/zkqf3j6/articles/zsjbcmn>



## Nursery

What can I do to support my child at home?



## Expressive Art & Design

- Play with recycling and cardboard boxes  
<https://www.bbc.co.uk/tiny-happy-people/articles/z4wg47h>
- Make simple shakers and sing some nursery rhymes  
<https://www.bbc.co.uk/tiny-happy-people/articles/znyg9mn>



## Other ideas for supporting learning at home



- Make everyday routines fun
- Ask your child if they can give possible solutions to problems, e.g. not enough cutlery when setting the table
- Give your child opportunities to take appropriate risks, e.g. by allowing them to use child scissors at home, or to help with baking and cooking activities
- Play role-play games and make-believe games with your child, e.g. by pretending to be a shopkeeper, or using cushions and blankets to build a den
- Promote good manners by encouraging 'please' and 'thank you'
- Encourage your child to dress themselves to develop their independence

## Understanding the World

- Take a trip to the supermarket  
<https://www.bbc.co.uk/tiny-happy-people/articles/zw97fdm>
- Cook or bake something yummy  
<https://www.bbc.co.uk/cbeebies/curations-cooking-with-kids-recipes>



## Literacy

- Practise large scale movements ready for early writing  
<https://www.teachearlyyears.com/learning-and-development/view/the-road-to-writing-physical-skills>
- Have a dough disco!  
[https://www.youtube.com/playlist?list=PLOcPymb-OvBy6NN-nkIHG4eXNC\\_mkSrAx](https://www.youtube.com/playlist?list=PLOcPymb-OvBy6NN-nkIHG4eXNC_mkSrAx)

