

# F.T.C



## FEBRUARY CAMPS 2026

### VENUES

#### **BRAINTREE LEISURE CENTRE**

Tuesday 17<sup>th</sup> -Friday 20<sup>th</sup>  
February 2026

#### **KELVEDON ACADEMY**

Monday 16<sup>th</sup> - Thursday 19<sup>th</sup>  
February 2026

**BOOK NOW**





# A DAY AT CAMP

## **WARM UP/BALL MASTERY**

Once all the players have arrived, we will start the day with a ball mastery warm up along with some activation drills. This will get the players mentally and physically ready for the day ahead.

## **TECHNICAL COACHING**

For this part of the day we focus on making learning and developing fun. We run lots of professionally designed practices to coach the children many of the attributes in football. This will be via drills, challenges, competitions and games.

## **MATCHES/TOURNAMENTS**

We will then split into age and physicality relevant groups (while taking friendship groups into account) and start our tournament. We will play round robin games, keeping track of all the bonus points earned throughout the day.



# A DAY AT CAMP

## WHAT WE COACH

Ball manipulation, dribbling, turning, tricks and skills, running with the ball, passing, first touch, shooting, 1v1's, attacking, defending, goalkeeping and more.

## FUN ACTIVITIES

Football Tennis  
Kick Up Challenge  
Cross Bar Challenge  
Competitions  
Player Relevant Challenges (Such as Saka/Salah)

## PRIZES/TROPHIES

Every player who attends a FITC camp will receive a developmental certificate and a medal. There will be trophies on offer for players of the camp and we will also hand out lots of prizes.