



Great Bradfords Infant and Nursery School

Sun Safety Policy

Introduction

Our school is committed to the health and safety of the children within our care.

Our aim in setting this guidance is to protect children when playing in the sun at school and to build an awareness of safe behaviour, establishing good habits for the future. All children will be involved in discussions, appropriate for their age and understanding about sun protection and risks.

<https://www.sunsafeschools.co.uk/>

[Sunscreens and sun safety - NHS](#)

Clothing

Parents should provide their child with a **named** sun hat or legionnaires style cap from April onwards and ensure their child brings a **named** water bottle to school every day. Drinking water is freely available throughout the day within school. They may also bring sunglasses to wear outside.

Sun Cream

Parents should apply sun cream to their child before they come to school. Parents are encouraged to apply 8-hour sun cream which is now widely available. Parents can support school by re-emphasising sun awareness and the risks of overexposure and the importance of sun cream application as one way of protecting skin.

Teachers are not obliged to apply sun cream and it is not practical for staff to apply cream to 30 children during the day as this takes up valuable teaching time. Therefore, if you decide to send sun cream into school for your child, they will need to be able to reapply it independently and quickly during hand washing time prior to the lunch break.

Please supply a roll on applicator if possible as this is the easiest option for the children to use independently.

No sunscreen, no matter how high the Sun Protection Factor (SPF), can provide 100% protection from the sun. So, it should be used together with shade and clothing to give your skin the best protection.

We recommend using sunscreens with:

- SPF 30 or higher (UVB protection)
- A high star rating of 4 or 5 stars (UVA protection)

UVA protection can also be shown by the letters 'UVA' in a circle. So, if you can't find the star rating on the bottle, make sure the product you use has this symbol instead. The UVA circle symbol means it meets the EU minimum standard for UVA protection.

Extreme heat

In the event of very hot, sunny weather, a risk assessment will be made and amendments, including but not limited to, the following *may* be put in place:

Additional water breaks

Playing outside but under shelter and/or for a limited time

Playing inside and/or engaging in calm activities that do not require physical exertion.

Having outdoor break times but not between 11am-3pm (with the exception of Nursery).

Nursery

Please note that the following applies in our Nursery:

- A water bottle is not required.
- Children should be sent in with a top that covers their shoulders – such as a t-shirt.
- Children should be sent in with closed shoes/sandals that have a secure back.
- Sun cream need only be sent in for children staying all day. This will be applied to children at the end of the lunch break.

Trips and Visits

Please note that exceptions to the above may apply when the children are on trips outside of school or when engaged in special events in the summer months. We will communicate accordingly.

Review Date: April 2027