

Merry Minds

Festive Fun Run

Kindly sponsored by
BRAINTREE VILLAGE
Outlet shopping in the heart of Essex

In aid of
 **mind**
Mid and North
East Essex



Sat 28th November 2026

Great Notley Country Park,
Braintree, CM77 7FS

Choose 2.5k or 5k

Walk, jog, run or dance – you choose your pace.

All ages welcome

Registration from **10am**, Run starts at **11am**
Well behaved dogs on leads welcome

**All funds raised will support local mental
health services in Mid and North East Essex**

**Book your
place**

Scan the QR code



Or visit
mnessexmind.org/merryminds
or email
fundraising@mnessexmind.org
or call **01206 764600**

Merry Minds

Festive Fun Run

Kindly sponsored by
BRAINTREE VILLAGE
Outlet shopping in the heart of Essex

In aid of
mind
Mid and North
East Essex



Entry fees

- Adults 18 + **£10**
- Children 5-17 year - **£5**
- Under 5s – **FREE**
- Family of 4 - **£25**
- Group of 8 - **£75**



Dasher Discount

These introductory prices are available for a limited time, so book early to secure your place

What to expect

Merry Minds is a relaxed and inclusive festive fun run, with everyone welcome to take part at their own pace.

Whether you're a Dasher or more of a Prancer, you can walk, jog, run or dance your way around the course and enjoy a fun morning of getting moving, spending time together and supporting better mental health in our local communities.

Come along in your festive fancy dress and get into the spirit of the day. There'll also be a raffle and prizes, including **Best Festive Fancy Dress**, and everyone who takes part will receive a special **Merry Minds medal** at the finish line.

'Tis the season to be jolly so throw on an elf outfit or festive fancy dress and get merry with us. It's going to be a cracker of a day!

Want to volunteer? If you'd like to help out for a couple of hours on the day, we'd love to hear from you. Email fundraising@mnessexmind.org

Charity number 1064309



Registered with
**FUNDRAISING
REGULATOR**

Book your place

Scan the QR code



Or visit

mnessexmind.org/merryminds

or email

fundraising@mnessexmind.org

or call **01206 764600**

